Phil Hyland began performing on stage at the Virginia Repertory Theatre in Richmond. He made his TV debut in the CBS Schoolbreak Special, "Sexual Considerations" and then on the silver screen in “Hellraiser III: Hell on Earth”.

Phil studied method acting under the direction of Ned Manderino and improv under the direction of the great actor, Lewis Arquette ("Waiting for Guffman"), at The Second City, Santa Monica CA.

After his time in Hollywood, Hyland moved to New York City and honed his craft as a [singer-songwriter](https://open.spotify.com/artist/01Ociy5RjdyWV3J3g1e3b5?si=YnMsJ71DSl2ddyMGD-jlHg).

Starting out with open mic nights in SoHo and the Village, he eventually co-founded the band, [Girlfriend](https://open.spotify.com/artist/0XOw86wyVazTShSfbiBdYC?si=c4PEajA2TEeBSQ6WBuffqg), with singer Robin Cryer (daughter of veteran Broadway actors [David](https://www.imdb.com/name/nm0190541/?ref_=fn_al_nm_1) & [Gretchen Cryer](https://www.imdb.com/name/nm0190543/?ref_=nv_sr_srsg_0) and sister of actor, [Jon Cryer](https://www.imdb.com/name/nm0001083/?ref_=nv_sr_srsg_0)) establishing a popular residency at the infamous Augie's on 106th St and Broadway and at the legendary Irish coffee house, [Cafe Sin-é](https://en.wikipedia.org/wiki/Sin-%C3%A9) on St. Marks Place, where [Jeff Buckley](https://open.spotify.com/artist/3nnQpaTvKb5jCQabZefACI?si=OJsKTtERTjq2-LoTU3O2Nw) recorded his Live at Sin-é, EP.

Their album, [Girlfriend, The New Me](https://open.spotify.com/album/0AJxKepAdxQzOVGlRLzVX0?si=E_95ROP0Q7WcNGM1qFHy8g) was recorded in Richmond VA at Sound of Music Recording Studios, produced by John Morand.

Girlfriend dominated the NYC indie band scene from 1993 to 1999 opening for New Wave icon Howard Jones and performing at Woodstock reboot, A Day in the Garden in 1998. Post gig Phil and Robin sat down for a radio interview with legendary Ramones frontman, [Joey Ramone](https://www.imdb.com/name/nm0708496/?ref_=fn_al_nm_1), on WDST FM, Radio Woodstock’s live broadcast from Yasgur’s Farm.

Hyland continues to act, write, and perform and is based in Chattanooga TN.

Phil is a BMI affiliate and SAG-AFTRA member.